

Date: November 01, 2022

Tο

The Secretary The Manager,

(Listing Department) The National Stock Exchange India

The BSE Limited Limited

Phiroze Jeejeebhoy Towers Exchange Plaza, Bandra Kurla Complex

Dalal Street, Mumbai-400001 Bandra(E), Mumbai-400051

BSE Scrip Code: 540203 NSE Symbol: SFL

Subject: Intimation under Listing Regulations about participation in the Investor Conference

Dear Sir / Madam,

Pursuant to Regulation 30 and other relevant provisions of the Securities and Exchange Board of India (Listing obligation and Disclosure Requirements) Regulations, 2015, we wish to inform that Company will be participating in investor/analyst conference calls on Thursday, December 01, 2022, at 04:00 PM IST with the Group of Investors organized by Valorem Advisors

Thanking you,

Yours truly,

For Sheela Foam Limited

Md Iquebal Ahmad (Company Secretary and Compliance officer)

SHEELA FOAM LTD.